

Special Olympics Tennis Rating Sheet



Athlete's Name: _____ Delegation: _____ Gender: _____ Age: _____

Level 1 (athlete's at this level should complete the ISC Skills Testing)		Level	E. Second Serve			Level
Player just starting to play tennis		1	Double faults are common			2
Section A through G do not need to be completed			Pushes 2nd serve			4
Level 2-5			Hits second serves with control			6
A. Forehand		Level	Hits second serves with control and depth			7
Hits inconsistent weak FH shots		2	Hits 2nd serves with spin, control, and depth			8
Hits FH shots with little directional control		3	F. Return of Serve			Level
FH has directional control of shots, but shots lack depth		4	Has difficulty returning serve			2
FH has sufficient control to sustain a short rally and is developing depth		5	Returns serve occasionally			3
Rallies with control and depth, but has a difficulty when shots are high or hard		6	Returns 2nd serve consistently			4
Rallies consistently with depth, becomes inconsistent when adding pace		7	Returns some 1st serves, returns 2nd serves consistently			5
Sustains an extended rally with direction, pace and depth		8	Returns 1st and 2nd serves consistently			6
B. Backhand		Level	Aggressive return of 2nd serve and consistent return of 1st serve			7
Hits inconsistent weak BH shots		2	Aggressive return of 1st and 2nd serves			8
Hits BH shots with little directional control		3	G. Volleys			Level
BH has directional control of BH shots, but shots lack depth		4	Hits inconsistent volleys; avoids net			3
BH has sufficient control to sustain a short rally and is developing depth		5	Hits consistent FH volleys; BH volley is inconsistent			4
Rallies with control and depth, but has a difficulty when shots are high or hard		6	Hits consistent volleys; has problems approaching the net			5
Rallies consistently with depth, becomes inconsistent when adding pace		7	Has ability to approach the net and hits consistent volleys			6
Sustains an extended rally with direction, pace and depth		8	Comfortable moving to net, moves laterally well for both FH and BH volleys			7
C. Movement		Level	Hits aggressive FH and BH volleys			8
Stationary position; does not move to ball to hit shots		2	Section	Category	Level	Comments :
Moves only 1-2 steps toward ball to hit shots		3	A	Forehand		
Moves toward ball; but court coverage is poor		4	B	Backhand		
Movement allows sufficient court coverage of most shots		5	C	Movement		
Has good court coverage, reacts well enough to sustain a short rally		6	D	First Serve		
Reacts quickly to the ball and has very good court coverage		7	E	Second Serve		
Exceptional court coverage, reacts quickly to the ball and recovers after each shot		8	F	Return of Serve		
D. First Serve		Level	G	Volleys		
1st serve is weak		2				
Hits 1st serves in at a slower pace		4	Total A through G sections			Total / 7
Hits 1st serves with pace		6	Divide Total by 7			Total / 7
Hits 1st serves with pace and control		8	FINAL RATING			

Rater's Name: _____

Suggested Competition level for athletes

- Tennis Rating of 1.0-1.9
- Tennis Rating of 2.0-2.9
- Tennis Rating of 3.0-3.9
- Tennis Rating of 4.0-4.9
- Tennis Rating of 5.0-8.0

- Level 1-Individual Skills Competition
- Level 2-42' Court-Red Foam Ball
- Level 3-60' Court-Orange Ball
- Level 4-78' Court-Green Ball
- Level 5-78' Court-Yellow Ball

